

Once secured, strap 13 will help stabilize the movement of camera 22.

Although but one embodiment of the present invention has been illustrated and described, it will be apparent to those skilled in the art that various changes and modifications may be made therein without departing from the spirit of the invention or from the scope of the appended claims.

What is claimed is:

1. A forearm mountable camera support comprising; a bracket made of rigid unitary construction such as steel or hard plastic or the like for supporting a video camera. The said bracket having multiple holes for securing a video camera and a camera. A slotted hole for stabilizing strap for securing the bracket to the arm/wrist band and providing vertical adjustment, and multiple holes for supporting the bracket to the arm/wrist band. The arm/wrist band is made of leather or other suitable, flexible, non stretchable material.
2. A forearm mountable camera support set forth in claim 1, wherein arm/wrist band comprises straps having Velcro connecting means at their ends.
3. A forearm mountable camera support set forth in claim 1 wherein:  
Said arm/wrist band comprises, clips formed with two slots one end of said strap wraps around a persons forearm and extends through one of said slots and is folded back on itself and secured to another Velcro connecting means.
4. A forearm mountable camera support set forth in claim 1 wherein said arm/wrist band comprises a finger hole for receiving the four fingers of the user when the band is placed on and encircles the wrist and forearm of the user.
5. A forearm mountable camera support set forth in claim 1 wherein said bracket includes a stabilizing strap which contains Velcro connector at its end. The stabilizing strap is wrapped over the top of the video camera and users arm and fastened to a securing means for stabilizing support.